

# Every Child has THE Right to Smile!!



2019-2020  
Annual Report

# GRIRR aims to make some difference!!



**Before**



**After**



**BEFORE**



**AFTER**

# CONTENTS: From Secretary's Desk



From Secretary's Desk	4
Mission and Vision	5
Initiatives	6-10
Success Story	11
Greetings from Chairman	12
Governing Body	13
Statutory Compliance	14-17

4

5

6-10

11

12

13

14-17

## From Secretary's Desk...



Another eventful year and hard work got added to the history of Garden Reach Institute For The Rehabilitation And Research ( GRIRR ). From the beginning, this year was full of excitement. The organization got registered u/s 12A and 80G of the Act after complying with innumerable administrative requirements.

Journey of 6 years has been a roller coaster ride for an organization like Garden Reach Institute For The Rehabilitation and Research ( GRIRR ). We started with just 20 children with disabilities and 2 Rehabilitation Team in the Small Kachchaa Room of one our beneficiaries Master Mufiz ,A Child With Cerebral Palsy . Today GRIRR is one of the Best Civil society organization with 130 students on its rolls in two Day Care centres. We have started the following during the year:

- a)women skills training centre for mothers of the disabled children
- b)Weekly health check up for Garden Reach Communities
- c) More Day Care Centre Uddan at Watgunge Slums areas for specially abled children.

I take this opportunity to thank each of my colleague starting from the community organizer to the program manager ,members and well wishers of Garden Reach Institute For The Rehabilitation and Research ( GRIRR ) for their unconditional support ,encouragement & cooperation. I look forward to the same passion from all of you in the near future so that we can together achieve our mission.

Thank you Very Much.



Nazim Khan  
Secretary

**MISSION :** An inclusive development of society, where children with disabilities and person with disabilities have equal access to education, health, livelihood and good quality of life.

**VISION:** Community empowerment and awareness about disabilities. Promoting Inclusive Development. Facilitating access to services related to Habilitation and Rehabilitation. Capacity building of young Person with Disabilities in the field of disability. Make them independent so that can live with dignity in the society.

**GOAL OF THE PROJECT :**The goal of the project is to help the children to cope with daily/ personal chores and to start the process of formal education with an aim of mainstreaming in future in order to enable them to lead a normal life and to raise awareness on different disabilities with the aim of contributing to create an inclusive society.

## Special Education

Special Education is the practice of educating students in a way that addresses their individual differences and unique needs.

This process involves the individually planned and systematically monitored arrangement of teaching procedures ,adapted equipment and materials and accessible settings

The interventions are designed to help individuals with special needs achieve a higher level of personal self sufficiency and success in schools and in their community. This includes different approaches in teaching – with the use of technology, a specifically adapted teaching area ,a resource room or a separate classroom.

The interventions are mainly based on 5 different areas of development - I) personal ii) occupational iii) Educational , iv) Recreational and v) Social.

The focus areas for which support is needed are- Speech & Hearing impairment , Blindness, & mental Disability ( Intellectual disability, Cerebral Palsy, Autism, learning disabilities )Behavioral disorders (Attention Deficit Hyperactivity Disorder) of Gifted children.



## Physiotherapy

Children with disabilities can often spend their day in the same position, immobile that can worsen the health conditions even more. From higher risks for illnesses to the effects of sedentary life, disabled children can benefit from the use of physiotherapy.

When the body is not as mobile and in action as it would be at full capacity, that sedentary lifestyle can affect the weight and overall health of a disabled child. Because of this it is important to make full use of the body even when it has physical limitations and with trained physiotherapist disabled services, a child will be able to stretch their body and strengthen muscles that are rarely used. This will help them manage their weight, their overall health and help to give them more mobility and control of their body. The goal of this type of treatment is to improve patients' independence. A successful rehabilitation enables you to continue with your regular life.



Rehabilitation has a broader scope. It incorporates re-learning skills. The treatment can also involve learning alternative ways of performing tasks or moving.

One of the rehabilitation treatments involves helping individuals regain their physical strength. Patients who finish the sessions have an improved quality of life.

Physical therapy corrects impairments and dysfunctions from a patient's injuries. This treatment improves the functional ability and movement of a patient. It involves several methods of manual treatment. These approaches improve the flexibility and alignment of patients' soft tissues and bones.

It incorporates therapeutic exercises, weight training, balance training, functional mobility, and stretching. The treatment seeks to increase a patient's function and reduce pain with approximately 248 classes of physiotherapy



## Medical Camp

Free Medical Health Check-up, Medicine Distribution Camp and Cataract Eye Surgery Camp

Garden Reach Institute For The Rehabilitation And Research is organized free medical camp, free medical distribution camp etc. GRIRR's survey team found that there are areas where diseases are there but because of poor background people are not able to take proper treatment and medicines. Even today there are many cases come forward of Diabetes, malaria, dengue, etc.

The main objective to organized this camp To improve access of Below Poverty Line (BPL) and Above Poverty Line (APL) families to quality medical care for identified speciality services requiring hospitalization for following surgeries and therapies or consultations in Free of cost.



## Empower People's

People with low education levels have little chances of securing a job in the formal sector; they are looking for options to generate income to sustain their families. Local communities especially the rural women, find themselves inept at supporting their family due to absence of any professional skill.

One of the core objectives is to empower these women with skill enhancement so that they can be employed and earn a living. Successful training interventions will address the skill demands from the specific socio-cultural and economic environment with a focus on the need to participate in economic and social processes. The programs need to be designed to have high local relevance and in-built flexibility.



## About growth pwd (for persons with disability)

We are running with Dr. Reddy Foundation GROW PwD program focuses on youth with orthopaedic disability and speech/ hearing impairment and provides them with skills to help them get employment. Our skilling hubs are enabling centres of learning with accessible infrastructure and trained professionals, which include sign-language experts to coach these young people on core employability skills

### Key Issues:

- **LOW INCLUSION**

of PwD in the workforce, with only **1% out of 5 million** youth with disability currently employed

### Our Solution:

Our 60-day program focuses on 'core employability' skills and preps PwD youth to face job interviews with confidence. GROW's emphasis is on affordable high-quality training and most centres have residential facilities.

Our highly competent and PwD certified staff ensure that these young students get placements in an inclusive workspace, which is possible because of the active sensitization drive conducted by the PwD team in partnership with Skill Council for Persons with Disability (SCPwD) and other leaders in the industry.



## A Joyful Story of baby MISHTI THAKUR

Mishti. Five months old. Born with clubbed foot (foot twisted out of shape). Born to Puja and Manoj Thakur of Metiabruz (earning Rs.1200 a week). 'Ab to zindagi bhai aise hi jeena hoga' was their resigned acknowledgement. Until they encountered Team GRIRR. An NGO focused on rehabilitating children in need of physiotherapy. GRIRR assured the parents that the problem was indeed correctable. GRIRR advised and oversaw Mishti being put in a plaster cast followed by relevant physiotherapy and CTEV cast. Soon Mishti will be absolutely normal. Her mother blessed the GRIRR team: 'Bhogoban tomader bhaalo rakhbe'. The remarkable thing was that the difference between hopelessness and optimism was a treatment cost of only Rs 5000. A lot can be done with little – if we care. If you should seek to fund prospective cases of this kind, call Nazim at 98315 17499



# Activities



# Aids & Appliances



# SHG'S Members Skill Training



# SHG's Livelihood



# Physiotherapy Unit



# Cataract Surgery



# Recreational Program



# World Disability Day



# Our Well Wisher



## chairman of the Advisory Board

Warm Springs, Georgia, USA 16 August 2020

Greetings,

I counted it a high honor and privilege to have served as a consultant and now to be asked to serve as chairman of the Advisory Board of the Garden Reach Institute for Rehabilitation and Research. I look forward to serving. Over the past three years, I have had opportunity to visit the Garden Reach program on several occasions and found the program to be doing an excellent job in difficult circumstances. I commend the staff on the wonderful and efficient job they do despite less than ideal facilities and extremely limited resources. They are all committed individuals who put the needs of the patients first. I, also, commend the staff on their efforts to help people in the local area and elsewhere with acts of kindness through distribution of food and other humanitarian needs. There are two pressing needs which must be addressed—a new location with adequate space for the different program modalities and a sustaining financial plan.

As chairman of the advisory board, I hope to help the staff identify and bring on board people from around the world as well as local who can assist the staff stay abreast of the latest innovations in each of the professional modalities and people who can be strong advocates for the program. One of the lessons we have learned during this worldwide is that we can keep connected via the modern technologies.

Sincerely,

**G. Robert Prater, M.Ed.**

**Chairman of the GRIRR Advisory board**



## Governing Body List



Sl.No	Name	Status	Qualification	Occupation	Residential Address
1	Dr.Rajesh Kumar Roushan (PT)	President	Bachelor Of Physiotherapy	Physiotherapist	200,R.B.C. Road , dum Dum Cantonment ,Kolkata-700028
2	Ms Suparna Mondal	Vice President	M.sc.With B.Ed in Special Education	Special Educator	C/o Aviram Mondal Vill +po.Palashpai .Ps.Das Pur ,Dist Paschim Medinipur. Pin 721146
3	Mr.Nazim Khan	Secretary	Master of Social Work (MSW) Bachelor of Social Work (BSW)	Social Worker	J102/A, Goshya Lane.Ram Nagar Lane, Garden Reach.Kolkata-700024
4	Dr.Tarkeshwar Singh	Asst. Secretary	RUMP (Cal)	Private Practis	D-42 .T.G.Road ,Garden Reach ,Kolkata-700024
5	Ms Fatema Khatoon	Treasurer	Rehabilitation Therapy Assistant	Rehabilitation Therapist	G-175/A,Dhanketti ,Garden Reach,Kolkata-700024
6	Dr.Abdul Qayum (PT)	Member	Bachelor Of Physiotherapy	Physiotherapist	Rasulpor Chati,Dist.Saran ,Bihar 841204
7	Ms. Saleha Khatoon	Member	10+2	Social Worker	H-49.Gulab Abbas Lane ,Garden Reach,Kolkata700024



**N K JHA & COMPANY**  
CHARTERED ACCOUNTANTS



38/A, Anandapuri, Block-B,  
Jessore Road, Kolkata - 700124.  
e-mail : nkjha.co@gmail.com  
Mob.: 91 9874062591, 91 8479914626

**AUDITOR'S REPORT**

We have examined the Annexed Balance Sheet of "M/s GARDEN RAECH INSTITUTE FOR THE REHABILITATION & RESEARCH", G250/B, Ram Nagar Lane, Garden Reach, Kolkata-700024, as on 31<sup>st</sup> March 2020, and Receipt & Payment and Income & Expenditure Account for the year ended on that date annexed there to. These financial statements are the responsibilities of the entity's management; our responsibility is to express an opinion on this financial statement based on our audit.

We conducted our audit in accordance with auditing standards generally accepted in India. These standards required that we plan and perform the audit to obtain reasonable assurance whether financial statement is free of material misstatement.

An audit includes examining, on a test basis, evidence supporting the amount and disclosures in the financial statements. An audit also includes assessing the accounting principles used and significant estimate read with the notes on accounts by the management, as well as evaluating the overall financial statement presentation. We believe that our audit provides a reasonable basis for our opinion.

In our opinion and to the best of our knowledge and according to the information and explanations given to us, the said accounts give a true fair view in conformity with the accounting principles generally accepted in India.

1. In the case of Balance sheet the state of affairs of the above named institution as at 31<sup>st</sup> March 2020, and
2. In the case of Income & Expenditure Account of the **DEFICIT** for the year ended on that date.

Place : Kolkata  
Date : 29.07.2020

FOR, M/s. N K JHA & COMPANY  
CHARTERED ACCOUNTANTS  
FRN 0339955E



*N.K. Jha*  
(Nishi Kant Jha)  
Proprietor  
Membership No. 066687

Garden Reach Institute For The  
Rehabilitation And Research

*Rajesh Kumar*  
President

Garden Reach Institute For The  
Rehabilitation And Research

*Rajiv Kumar*  
Secretary



**G.R.I.R.R**

Rehabilitating, Mainstreaming  
Inspiring to go beyond

**GARDEN REACH INSTITUTE  
FOR THE  
REHABILITATION & RESEARCH**

**GARDEN REACH INSTITUTE FOR THE REHABILITATION AND RESEARCH**

REGD.NO-S/2L/31563 OF 2014-15

G250/B, RAM NAGAR LANE, GARDEN REACH  
KOLKATA-700024

**Balance Sheet as at 31st March, 2020**

<b>LIABILITIES</b>	<b>AMOUNT</b>	<b>ASSETS</b>	<b>AMOUNT</b>
<b>Capital Fund</b>	37,286.20	<b>Fixed Assets</b>	
Add: Year mark fund	5,08,899.00	Medical Equipments	2,22,200.00
Less: Deficit	1,301.42	Furniture & Fixtures	1,22,000.00
	5,44,883.78	Office Equipments	1,08,981.00
		Computer Systems	64,500.00
		Television	12,999.00
Sundry Creditors	75,875.00	<b>Closing Balance</b>	
		Cash at Bank	87,698.38
		Cash in Hand	2,380.40
	<b>6,20,758.78</b>		<b>6,20,758.78</b>

In terms of our report of even date.

FOR, N K JHA & COMPANY

Chartered Accountants

FRN, 129955E



*N.K. Jha*  
(Nishi Kant Jha)

Proprietor

M.No. 066687

Place: Kolkata

Date: 29th July, 2020

UDIN:20066687AAAABI4590

Garden Reach Institute For The  
Rehabilitation And Research

*Rajesh Kumar*  
President

Garden Reach Institute For The  
Rehabilitation And Research

*Devin Kumar*  
Secretary



**G.R.I.R.R**

Rehabilitating, Mainstreaming  
Inspiring to go beyond

**GARDEN REACH INSTITUTE  
FOR THE  
REHABILITATION & RESEARCH**

**GARDEN REACH INSTITUTE FOR THE REHABILITATION AND RESEARCH**

REGD.NO-S/2L/31563 OF 2014-15  
G250/B, RAM NAGAR LANE, GARDEN REACH  
KOLKATA-700024

**Income & Expenditure A/c. for the year ended 31st March, 2020**

EXPENDITURE	AMOUNT	INCOME	AMOUNT
Cloth Distribution	23,950.00	Subscription & Donation	4,03,918.00
Printing & Stationary	2,356.00	Bank Interest	772.00
World Disability Day Programme	17,685.00	Excess of Exp. over Income	1,301.42
Travelling & Conveyance	12,654.00		
Meeting & Conference Expenses	5,645.00		
General Expenses	7,685.00		
Workshop Expenses	25,655.00		
Office Rent & Electricity	30,800.00		
Staff Salary	96,000.00		
Telephone & Internet Charges	6,865.00		
Medical Aid/ Physio Therapy	72,671.00		
Office Expenses	12,650.00		
Misc. Expenses	6,540.00		
Trainer Consultancy Fees	84,600.00		
Bank Charges	235.42		
	<b>4,05,991.42</b>		<b>4,05,991.42</b>

In terms of our report of even date.

FOR, N K JHA & COMPANY



Chartered Accountants  
FRN/ 329955E

(Nishi Kant Jha)

Proprietor

M.No. 066687

Place: Kolkata

Date: 29th July, 2020

UDIN:20066687AAAABI4590

**Garden Reach Institute For The  
Rehabilitation And Research**  
*Rajesh Kumar Koushan*  
President

**Garden Reach Institute For The  
Rehabilitation And Research**  
*Rajesh Kumar Koushan*  
Secretary



**G.R.I.R.R**

Rehabilitating, Mainstreaming  
Inspiring to go beyond

**GARDEN REACH INSTITUTE  
FOR THE  
REHABILITATION & RESEARCH**

**GARDEN REACH INSTITUTE FOR THE REHABILITATION AND RESEARCH**

REGD.NO-S/2L/31563 OF 2014-15  
G250/B, RAM NAGAR LANE, GARDEN REACH  
KOLKATA-700024

**Receipts & Payment A/c. for the year ended 31st March, 2020**

RECEIPT	AMOUNT	PAYMENT	AMOUNT
<b>Opening Balance</b>		Cloth Distribution	16,650.00
Cash at Bank	25,747.50	Printing & Stationary	2,356.00
Cash in Hand	9,757.70	World Disability Day Programme	17,685.00
Subscription & Donation	4,03,918.00	Travelling & Conveyance	12,654.00
Bank Interest	772.00	Meeting & Conference Expenses	5,645.00
		General Expenses	7,685.00
		Workshop Expenses	25,655.00
		Office Rent & Electricity	28,300.00
		Staff Salary	80,000.00
		Telephone & Internet Charges	6,865.00
		Medical Aid/ Physio Therapy	54,171.00
		Office Expenses	9,375.00
		Payment to Sundry Creditors	12,000.00
		Misc. Expenses	6,540.00
		Trainer Consultancy Fees	64,300.00
		Bank Charges	235.42
		<b>Closing Balance</b>	
		Cash at Bank	87,698.38
		Cash in Hand	2,380.40
	<b>4,40,195.20</b>		<b>4,40,195.20</b>

In terms of our report of even date.

FOR, N K JHA & COMPANY



(Nishi Kant Jha)

Proprietor

M.No. 066687

Place: Kolkata

Date: 29th July, 2020

UDIN:20066687AAAABI4590

Garden Reach Institute For The  
Rehabilitation And Research

*Rajesh Kumar Koushan*  
President

Garden Reach Institute For The  
Rehabilitation And Research

*Pazim Khan*  
Secretary

## well wishers

- **Kolkata Gives**
- **Planete Coeur's**
- **TIL Welfare Trust.**
- **G. Robert Prater**
- **Bagaria Group**
- **Nasiful Hussain**
- **Gulam Ashraf (Managing Director Phonex Logistics Pvt LTD)**
- **Dr.Reddy Foundation.**
- **WAIA (Watgunge Adolescent Improvement Association)**
- **Sree Ram Arcade Shop & owners**
- **Salauddin Bhatia**
- **Chandan Reddy**
- **Patrick Arun Razario**
- **Nasir Khan**
- **Ovijeet Das**
- **Sanjivini Ranchi**
- **Ranju Sengupta**
- **Farazuddin**
- **Gulam Rabbani Khan**



ENGAGE WITH GRIRR, Support the cause to help the underprivileged children... Be a partner in our endeavor to make a better future for the children of the weaker sections... Get involved. There are many ways you can get involved with the children of GRIRR and make a difference in their lives.

**Volunteer:** You can volunteer with us for on field services or supporting with official work and documentation. Send an email or fill in online applications on our website for volunteering.

**Internship:** If you are a student, you can join us as an intern and contribute effectively for the children . Our doors are always open for students from various professional, technical and other fields. Visit Us: Our children gets encouraged and inspired to do better when you meet them .Visit our project sites and get in depth knowledge about the activities being conducted for the children and their parents. Email us to let us know you wish to visit. Detailed contact numbers and addresses are available on our website and in this report Spread the Word: It needs few small steps to spread the word about the children of GRIRR

Join us on Facebook [facebook.com/grirr.rehabilitation](https://www.facebook.com/grirr.rehabilitation))

follow us on Twitter GRIRR Rehabilitation @GRIRRRehabilit1

YouTube <https://www.youtube.com/channel/UCbww9DH1Q4CFdEvvTooIm1g>

Raise Resources: We need you as a partner to raise resources for these children. There are many ways by which you could join us to raise resources - become a volunteer for fund raising, tell your friends and relatives to sponsor children, get a corporate contact and above all spread the word for the cause of the children.

## **PARTICULARS REGISTRATION**

### **PARTICULARS**

### **REGISTRATION**

**SOCIETY REGISTRATION**

**S/2L/NO.31563 OF 2014-2015**

**PAN**

**AAEAG0236H**

**80G (5) (vi) of the I.T Act 1961 CIT (EXMPTIO)KOLKATA/80G/2019-20/A/10015**

**12A of I.T Act 1961**

**CIT(EXMPTION)KOLKATA /12AA/2018-19/A/10505**

**Darpa NITI Aayog**

**WB/2018/0199106**

**Guide star Number**

**(GSN)11133**

### **BANK DETAILS**

**Bank of India Account Name : GARDEN REACH INSTITUTE FOR THE  
REHABILITATION AND RESEARC**

**Account Number : 400810110013396**

**IFSC code: BKID0004008**

**Branch : Garden Reach**



**G.R.I.R.R**

**Rehabilitating, Mainstreaming  
Inspiring to go beyond**

**GARDEN REACH INSTITUTE  
FOR THE  
REHABILITATION & RESEARCH**

***G-250/B, Ram Nagar Lane, Garden Reach, Kolkata-700024***

***Phone 9831517499 /7980276480/ 9903623391***

***Emai.grirrsecretary@gmail /managergrirr@gmail.com***

***www.grrehab-institute.com***

***Rehabilitating, mainstreaming inspiring to go beyond***



**G.R.I.R.R**

**Rehabilitating, Mainstreaming  
Inspiring to go beyond**

**GARDEN REACH INSTITUTE  
FOR THE  
REHABILITATION & RESEARCH**